

Welcome to First Covenant Church

ANNOUNCEMENTS:

- Covenant Cafe will now be open following worship. If you would like to volunteer to make a treat, there is a sign up sheet at the cafe window.
- Children's Church - Each Sunday during worship! Children will be dismissed following the children's moment to go upstairs for children's church!
- If you have children interested in going to Mission Meadows this summer for camp, please contact the church office. You should have received an email with the scholarship application. These applications are due to the office by May 1st. If you did not receive one, please talk to Sarah in the office.
- Sunday Morning Prayer in the Prayer Chapel - Prior to worship at 9:30 AM.
- Pastor Liz will be beginning a Psalm 23 Study in May. The study will be held on Thursdays at 1 PM for six weeks. If you are interested in attending, please sign up using the sign up sheet on the welcome tables or contact Sarah in the office.
- Save the date for an All Church Spring Cleaning Day! Saturday, May 18th beginning at 8:30 AM - noon.

SPECIAL FRIENDS:

Marian Alm; 193 Aldren Ave.; Jamestown, NY 14701

Sheryl Baker; 101 E. 4th Street; Jamestown, NY 14701

Ginny & Bob Beckstrom; PO Box 131; Ashville, NY 14710

FIRST COVENANT CHURCH // 520 SPRING STREET // 716-483-9825

PASTOR ELIZABETH WHITNEY // SENIOR PASTOR

PASTOR JULIE CHALLINGSWORTH // PASTOR OF YOUTH, ADULT & WORSHIP (PASTORJULIE@FIRSTCOV.CHURCH)

SARAH OEHLBECK // OFFICE MANAGER (OFFICE@FIRSTCOV.CHURCH)



REFLECTIONS

EPHESIANS 6:10-18

10 FINALLY, BE STRONG IN THE LORD AND IN HIS MIGHTY POWER. 11 PUT ON THE FULL ARMOR OF GOD, SO THAT YOU CAN TAKE YOUR STAND AGAINST THE DEVIL'S SCHEMES. 12 FOR OUR STRUGGLE IS NOT AGAINST FLESH AND BLOOD, BUT AGAINST THE RULERS, AGAINST THE AUTHORITIES, AGAINST THE POWERS OF THIS DARK WORLD AND AGAINST THE SPIRITUAL FORCES OF EVIL IN THE HEAVENLY REALMS. 13 THEREFORE PUT ON THE FULL ARMOR OF GOD, SO THAT WHEN THE DAY OF EVIL COMES, YOU MAY BE ABLE TO STAND YOUR GROUND, AND AFTER YOU HAVE DONE EVERYTHING, TO STAND. 14 STAND FIRM THEN, WITH THE BELT OF TRUTH BUCKLED AROUND YOUR WAIST, WITH THE BREASTPLATE OF RIGHTEOUSNESS IN PLACE, 15 AND WITH YOUR FEET FITTED WITH THE READINESS THAT COMES FROM THE GOSPEL OF PEACE. 16 IN ADDITION TO ALL THIS, TAKE UP THE SHIELD OF FAITH, WITH WHICH YOU CAN EXTINGUISH ALL THE FLAMING ARROWS OF THE EVIL ONE. 17 TAKE THE HELMET OF SALVATION AND THE SWORD OF THE SPIRIT, WHICH IS THE WORD OF GOD. 18 AND PRAY IN THE SPIRIT ON ALL OCCASIONS WITH ALL KINDS OF PRAYERS AND REQUESTS. WITH THIS IN MIND, BE ALERT AND ALWAYS KEEP ON PRAYING FOR ALL THE LORD'S PEOPLE